

The Shift Session

Energy Shifting with Scarlett Rose Oakwood

Everything begins in the energy. Before the words, before the decision, before the breakthrough — there is a shift that has to happen first. This is that work. One on one, in your body, in your truth, in your becoming. I don't come to fix you. You are not broken. I come to help you remember what you already are — and to move what has been keeping you from it.

Sessions & Investment

Session	Investment
Single Shift Session — 60 min	\$150
Intensive Shift Session — 90 min	\$222
Root & Rise — 3 Session Package	\$399
Full Transformation — 5 Session Package	\$625

All packages include one-on-one sessions with Scarlett. Sessions are available virtually and in person.

What to Expect

Each session is held in confidence, in reverence, and in truth. There is no script and no formula — only presence, discernment, and a deep commitment to your becoming. You will be met exactly where you are.

Travel & Hospitality

For in-person Energy Shifting sessions that require travel, all travel and accommodation are covered through a single all-inclusive flat rate confirmed at time of booking. No itemization. No receipts. No back and forth. Scarlett's team books all travel directly upon receipt of the travel fee.

Travel tiers apply to in-person engagements outside of the Denver, Colorado area.

Travel Tier	All-Inclusive Rate
Regional — Business Class (under 2 hr flight)	\$9,500
Regional — First Class (under 2 hr flight)	\$13,500
National — Business Class (cross-country)	\$14,500
National — First Class (cross-country)	\$22,500
International Engagements	Custom quote provided at inquiry
Local / Virtual Session	No travel fee required

Each Tier Covers:

- All airfare
- All lodging
- All ground transportation
- All meals & per diem
- All necessary travel support

If the engagement is within driving distance of Denver, Colorado but requires an overnight stay, hotel accommodation for all traveling party members (2 rooms or a 2-room suite) will be added to the flat rate and confirmed at the time of booking.

Virtual sessions and in-person sessions within the Denver, Colorado area do not require a travel tier.

Ready to Shift?

Use the form below to inquire about availability or book your first session.
Scarlett personally reviews every inquiry.

*"Don't judge each day by the harvest you reap, but by the seeds that you plant." —
Robert Louis Stevenson*
